

Parent Pointers

Calendar

Channel View School For Research



THE PARENT INSTITUTE®

Parent Pointers Calendar

High School Parents *still make the difference!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2018						1 Talk about how your family can do something for others this month.
2 Encourage your teen to think about the snacks he eats. Could he make some healthier choices?	3 Have your teen solve interesting math problems: "How many hours until your birthday?"	4 Tell your teen about your day in as much detail as you would like to hear about her day.	5 Every day, ask your teen about what he's learning and thinking.	6 Ask your teen to keep a to-do list. By writing down things she needs to do, she is less likely to forget them.	7 Be an attentive listener to improve communication with your teen.	8 Schedule time to do something fun with your teen. Write it on your calendar.
9 Share a favorite family tradition from your own childhood. Recreate it with your teen.	10 Mention how something you studied in school has helped you at work.	11 Ask your teen who his role models are and why. You may learn something new about him.	12 Encourage your teen to avoid all-nighters and cramming just before a test.	13 Talk about the importance of school attendance. Attendance is also important in the working world.	14 Is your teen's room messy? Set the timer for a 15-minute pick-up blitz before she gets together with friends.	15 Think your teen is too old for reading aloud? Try it. Or try listening to audiobooks together.
16 Enjoy some physical activity with your teen. You'll get exercise—and it may lead to some great conversation.	17 Encourage your teen to give a gift anonymously to a student in need.	18 The best way for your teen to prepare for college entrance tests is to read every day.	19 Keep your teen's math skills sharp. Have him estimate the tax on a purchase or the tip for a meal.	20 Talk to your teen about the importance of writing thank-you notes for gifts.	21 Some teenage holiday parties involve alcohol. Check with the host's parents before you allow your teen to attend.	22 Let your teen pick a game for you to play together—cards, charades, a board game.
23 Take a walk with your teen today.	24 Avoid criticizing your teen unnecessarily.	25 At the dinner table, have each family member share something they're thankful for.	26 Keep laptops, tablets and cell phones out of your teen's bedroom at night. Your teen should be sleeping!	27 Talk to your teen about social media. Does she use Facebook, Twitter, Instagram? Be sure to check her pages often.	28 If your teen has a part-time job, insist that he save some money for college or other future plans.	29 Talk with your teen about the best things each of you can remember from the past year.
30 Prepare an old family recipe with your teen.	31 Have your teen create a time line of this past year.					